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# NINDOCHINE ABOLISM SOCIETY M.S.O

### WEIGHT AND CARDIOVASCULAR **RISKS IN DIABETES**

#### Wednesday May 7th, 2025

**Speakers** 

**6 pm** 

Agenda

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#### WELCOME AND INTRODUCTION -5 MINS

WEIGHT MANAGEMENT AND GLYCAEMIC CONTROL IN T2DM - 20 MINS (PROF. ANDREW ULOKO) **GLYCAEMIC CONTROL AND CARDIOVASCULAR RISK REDUCTION- 20MINS** (DR. KARIBA AKHIDUE) **PRODUCT PRESENTATION - 10 MINS QUESTION AND ANSWER - 10 MINS** 

## PROF. ANDREW E. ULOKO, BM BCH, MD, CERT T2T MED (HARVARD), FMCP, FACE, FRCP (LONDON) Prof. Andrew Uloko is a Professor of Medicine with the Bayero University

Kano (BUK), Nigeria, and an Honorary Consultant Physician & Endocrinologist with the Aminu Kano Teaching Hospital (AKTH), Kano Nigeria. He is a Fellow of the Medical College of Physicians (FMCP) from the National Postgraduate Medical College of Nigeria since May 2007 and a Fellow of the American College of Endocrinologists (FACE) from the year 2011.

Prof. Uloko is presently the Head of Medicine at both Aminu Kano Teaching Hospital and Bayero University Kano. Several among his scholarly works, he is presently credited with over 93 journal publications, several chapters in various textbooks, guidelines, monographs and technical reports across specialties in EDM and non - communicable diseases (NCDs). He has been a speaker / presenter at several national and international scientific meetings. His current research interests are in the fields of diabetes epidemiology, diabetes education, diabetes care and prevention, obesity/obesity related disorders, and diabetes related cardiovascular diseases.

Prof. Uloko is the current President of the Endocrine and Metabolism Society of Nigeria (EMSON), an active member of the Diabetes Association of Nigeria (DAN), American Association of Clinical Endocrinologists (AACE), the Nigeria Medical Association (NMA), and the Medical and Dental Consultants Association of Nigeria (MDCAN) among several others.

#### DR. KARIBA AKHIDUE, MBBS, FWACP, FACE

She is a consultant Endocrinologist/Diabetologist at the University of Port Harcourt Teaching Hospital. She became a Fellow of the West African College of Physicians



in 2015 and a fellow of the American college of Endocrinology (FACE) in 2019. She is a member/fellow of a number of professional associations including the Endocrine and Metabolism Society of Nigeria, American Association of Clinical Endocrinologists, European Association for the Study of Diabetes, Pan African Diabetes Foot Study Group among others.

In 2015, she won a grant from the International Diabetes Federation to present a Research work at the World Diabetes Congress in Vancouver, Canada. She was nominated to represent EMSON at the global leadership academy for mid -career endocrinologists by the Endocrine Society in Chicago USA in 2023.

She is also currently undergoing a programme in Clinical Endocrinology in University of South Wales, UK.

She is the coordinator of Diabetes Association of Nigeria (DAN) in Rivers State. She has several publications and papers in local and International Journals.

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